

# CLARENCE SENIOR CENTER LUNCH MENU SEPTEMBER 2022

Please call the office at 633-5138 to sign up or cancel lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Breaded Pork Chop with Gravy Broccoli Cheese Rice Casserole Carrots Dinner Roll Chef Salad with Dressing Banana Cream Pie (1010)	<b>2</b>  Beef Stew Mashed Potatoes Biscuit Chocolate Mousse (727)
<b>5 CENTER CLOSED</b> 	<b>6</b> Ham Steak with Maple Glaze Scalloped Potatoes Peas with Red Pepper Rye Bread Baked Pear Crisp (705)	<b>7 Entrée Salad</b>  Tuna Macaroni Salad on a Bed of Lettuce Club Crackers Chocolate Éclair (770)	<b>8 Soup &amp; Sandwich</b>  Cream of Mushroom Soup Roast Beef in Gravy on a Whole Wheat Roll Brussels Sprouts Fruited Gelatin (777)	<b>9</b>  Chicken Parmesan over Pasta with Tomato Sauce Wax Beans Chef Salad with Dressing Tropical Fruit Chocolate Milk (671)
<b>12</b> Italian Sausage with Peppers, Onions & Tomato Sauce on a Bun Roasted Red Potatoes Mixed Vegetables Pineapple (597)	<b>13 Soup &amp; Salad</b> Cream of Potato Soup with Ham Broccoli Chef Salad with Dressing Frosted Marble Cake (709)	<b>14</b> Baked Chicken with Lemon Herb Sauce Sweet Potatoes Peas Wheat Dinner Roll Peach Crisp (642)	<b>15</b> Meatloaf with Gravy Mashed Potatoes French Beans with Carrot White Bread Vanilla Mousse (817)	<b>16</b>  Chili con Carne Carrots Fruit Punch Cornbread Fresh Pear Chocolate Milk (896)
<b>19</b> Pork Ribette with BBQ Sauce on a Bun Cheesy Mashed Potatoes Seasoned Mixed Greens Frosted Lemon Cake (950)	<b>20 Soup &amp; Sub Day</b>  N.E. Clam Chowder ¼ Turkey Sub w/Chips Dessert \$5.00 <b>Sign up and pay in office</b>	<b>21</b> Beef Macaroni Casserole California Blend Vegetables Corn Rye Bread Fruit Compote Chocolate Milk (807)	<b>22 Welcome Fall</b> Roasted Turkey with Stuffing & Gravy Mashed Potatoes Peas & Carrots Molded Cranberry Salad Apple Pie with Whipped Topping (938)	<b>23</b> Breaded Chicken Patty with Buffalo-style Sauce on a Whole Wheat Bun Macaroni & Cheese Green Beans Mandarin Oranges (827)
<b>26</b> Cheese Ravioli with Tomato Meat Sauce Peas Seasoned Squash with Peppers Italian Bread Pea	<b>27</b> Breaded Chicken Drumsticks Cheesy Diced Potatoes Broccoli Whole Wheat Dinner Roll Sugar Cookies (840)	<b>28</b> Bratwurst with Baked Beans & Mustard on a Bun Roasted Potatoes Mixed Vegetables Mandarin Oranges Chocolate Milk (777)	<b>29 Soup &amp; Salad</b> Broccoli Cheese Soup Carrots Chef Salad with Dressing Biscuit Fresh Grapes (726)	<b>30</b> Roast Beef with Horseradish & Gravy on Deli Rye Sweet Potatoes Savory Dill Cabbage Frosted Cherry Cake (634)