

# Clarence Senior Center Lunch Menu

# October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Boneless Chicken Breast with Lemon Caper Sauce Cauliflower &amp; Carrots Grape Juice Mushroom Farro Risotto Chocolate Chip Cookies</p>	<p>5 <b>Entrée Salad</b></p> <p>Tuna Macaroni Salad Fresh Salad with Classique Dressing Cherry Tomatoes Wheat Dinner Roll Fruit Cocktail (679)</p>	<p>6</p> <p>Polish Sausage with Sauerkraut &amp; Mustard on a Bun German Potato Salad Broccoli Bavarian-filled Chocolate Éclair Marinated Cucumber &amp; Onion Salad (992)</p>	<p>7</p> <p>Tortellini with Tomato Meat Sauce Seasoned Spinach Italian Mixed Vegetables Italian Bread Fresh Grapes Chocolate Milk (643)</p>	<p>8</p> <p>Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Breakaway Roll Strawberry Bavarian (795)</p>
<p>11</p> <p><b>CENTER CLOSED</b></p>	<p>12</p> <p>Beef Pepper Steak Casserole over Rice Broccoli Waxed Beans with Carrot Butterscotch Pudding (645)</p>	<p>13</p> <p>Penne Pasta &amp; Meatballs with Tomato Sauce &amp; Mozzarella Cheese Country Cottage Mixed Vegetables Pineapple Juice Ambrosia (778)</p>	<p>14</p> <p>Roast Pork Loin with Cranberry Chutney Sweet Potatoes Green Beans Whole Wheat Bread Chunky Cinnamon Applesauce Chocolate Milk (740)</p>	<p>15 <b>Entrée Salad</b></p> <p>Cranberry Chicken Salad on a Bed of Fresh Salad Greens Club Crackers Brownie (708)</p>
<p>18</p> <p>Veal Parmesan with Tomato Sauce &amp; Shredded Mozzarella over Pasta Seasoned Spinach Apple Juice Chocolate Pudding (800)</p>	<p>19 <b>Soup &amp; Salad</b></p> <p>Broccoli Cheddar Soup with a Biscuit Carrots Chef Salad with Dressing Tropical Fruit (641)</p>	<p>20</p> <p>Beef Bourguignon over Brown Rice Cauliflower French Bean Medley Oatmeal Raisin Cookies (796)</p>	<p>21 <b>Entrée Salad</b></p> <p>Mediterranean Chicken Salad Dinner Roll Fresh Banana <i>Chocolate Milk</i> (826)</p>	<p>22</p> <p>Ham Steak with Brown Sugar Glaze Cheesy Scalloped Potatoes Brussels Sprouts Cornbread Pear Crisp (800)</p>
<p>25</p> <p>Chicken Vegetable Casserole with a Biscuit Broccoli Fresh Pear (618)</p>	<p>26</p> <p>Hot Dog with Baked Beans on a Bun Roasted Red Potatoes Carrots Pineapple Chocolate Milk (751)</p>	<p>27 <b>Entrée Salad</b></p> <p>Julienne Salad with Dressing Rye Bread Cinnamon Streusel Cake (791)</p>	<p>28</p> <p>Lasagna Roll with Meat Sauce California Mixed Vegetables Grape Juice Dinner Roll Lemon Bavarian (754)</p>	<p>29 Halloween Meal</p> <p>Breaded Chicken Drumsticks Cheesy Mashed Potatoes Peas with Pearl Onions Dinner Roll Coconut Cream Pie Marinated Beet &amp; Onion Salad (1095)</p>

Please call the office at 633-5138 to sign up or to cancel lunch