

CLARENCE SENIOR CENTER MENU

OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday
28 Cheese Ravioli with Tomato Meat Sauce Peas Seasoned Summer Squash Italian Bread Peaches Chocolate Milk (813)	29 Roast Beef with Gravy and Horseradish Sweet Potatoes Savory Cabbage Rye Bread Frosted Marble Cake (811)	30 Quarter Chicken with Gravy Mashed Potatoes Carrots Whole Wheat Roll Sugar Cookies (828)	1 Bratwurst with Baked Beans & Mustard on a Bun Vegetable Pasta Salad Roasted Potatoes Mixed Vegetables Mandarin Oranges (805)	2 Stuffed Pepper with Meat Sauce Mashed Potatoes California Mixed Vegetables Dinner Roll Peach Bavarian (662)
5 Boneless Chicken Breast with Marsala Sauce Rice Pilaf Cauliflower & Carrots Grape Juice Chocolate Chip Cookies (686)	6 Macaroni & Cheese Zucchini & Tomatoes Green Beans Whole Wheat Dinner Roll Fruit Cocktail (930)	7 Entrée Salad Julienne Salad with Classique Dressing Dinner Roll Rice Krispie Treat (652)	8 Tortellini with Tomato Meat Sauce Seasoned Spinach Italian Mixed Vegetables Italian Bread Fresh Orange Chocolate Milk (653)	9 Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Breakaway Roll Strawberry Bavarian (795)
12 CENTER CLOSED	13 Beef Pepper Steak Casserole over Rice Broccoli Wax Beans with Carrot Butterscotch Pudding (645)	14 Bratwurst with Sauerkraut & Mustard on a Bun German Potato Salad Vegetable Medley Black Forest Cake with Whipped Topping Marinated Beet, Cucumber & Onion Salad (848)	15 Roast Pork Loin with Cranberry Chutney Sweet Potatoes Green Beans Whole Wheat Bread Cinnamon Applesauce Chocolate Milk (756)	16 Beer-Battered Fish with Tartar Sauce Au Gratin Potatoes Stewed Tomatoes with Zucchini Rye Bread Brownie Coleslaw (803)
19 Eggplant Parmesan with Tomato Meat Sauce over Pasta Seasoned Spinach Apple Juice Chocolate Pudding (781)	20 Entrée Salad Grilled Chicken Caesar Salad with Caesar Dressing Multigrain Bread Tropical Fruit (829)	21 Beef Stroganoff over Brown Rice Cauliflower French Bean Medley Oatmeal Raisin Cookies (763)	22 Chicken Pasta Primavera Italian Vegetables Dinner Roll Fresh Banana Chocolate Milk (676)	23 Ham Steak with Brown Sugar Glaze Cheesy Scalloped Potatoes Brussels Sprouts Rye Bread Pear Crisp (734)
26 Chicken Vegetable Casserole with a Biscuit Broccoli Fresh Apple Chocolate Milk (675)	27 Hot Dog with Baked Beans & Ketchup on a Bun Roasted Red Potatoes Carrots Pineapple (676)	28 Soup & Sandwich Shredded Pork Loin in Herb-seasoned Gravy on a Roll Creamy Broccoli Cheese Soup Baked Squash Cinnamon Streusel Cake (690)	29 Lasagna Roll with Meat Sauce California Blend Vegetables Chef Salad with Dressing Dinner Roll Lemon Bavarian (757)	30 Breaded Chicken Drumsticks Cheesy Mashed Potatoes Peas with Pearl Onions Wheat Bread Coconut Cream Pie (1057)