



Is BACK!!!

Wednesdays at 2:30 p.m.

\$5/Class

Instructor Marge Kloc will be leading this class every Wednesday afternoon at 2:30 p.m.

Please call the office at 633-5138 to reserve your space.



Chair Yoga

Is BACK!!!

Mondays at 10:00 a.m.

\$5/Class

Instructor Guru Taran will be leading this class every Monday morning at 10:00 a.m.

Please call the office at 633-5138 to reserve your space.



Arthritis Exercise is BACK!

Wednesdays at 11:00 a.m.

Instructor Margaret Jankiewicz will be leading this class every Wednesday morning at 11:00 a.m.

Please bring your own hand weights.

Please call the office at 633-5138 to reserve your space.



Tap Dancing

Is

BACK!!

Fridays at 1:15 p.m.

\$5.00/class (to be paid by monthly session)

Instructor Pat Beris will be leading this class every Friday afternoon at 1:15 p.m.

Please note this class has been changed from Monday mornings to Friday afternoons.

Please call the office at 633-5138 to reserve your space.



Lyrical Jazz Dancing is BACK!

Fridays at 2:15 p.m.

Instructor Pat Beris will be leading this class every Friday afternoon at 2:15 p.m.

\$5.00/class (to be paid by monthly session)

Please note this class has been changed from Monday mornings to Friday afternoons.

Please call the office at 633-5138 to reserve your space.