




# Clarence Senior Center Lunch Menu

# NOVEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Cheese Omelet with Peppers, Onions, Tomatoes & Cheese Sauce Tater Tots Raisin Bread Fruit Compote (777)	<b>2</b> Boneless Chicken Breast with Gravy Mashed Sweet Potatoes Peas Dinner Roll Cinnamon Pear Crisp (687)	<b>3</b> Baked Rigatoni with Italian Sausage & Tomato Sauce Broccoli Chef Salad with Dressing Dinner Roll Peach Bavarian (746)	<b>4</b> <b>Soup &amp; Salad</b> Bean & Ham Soup with Cornbread Carrots Chef Salad with Dressing Pineapple & Mandarin Oranges (651)	<b>5</b> Teriyaki Seasoned Beef Strips over Rice Oriental Mixed Vegetables Orange-Pineapple Juice Fresh Apple Chocolate Milk (661)
<b>8</b> Ancho Chicken Fajita Skillet with Peppers, Onions, & Salsa Spanish Rice Corn Flour Tortilla Fresh Orange	<b>9</b> Stuffed Shells with Tomato Meat Sauce & Mozzarella Seasoned Spinach & Mushrooms Cauliflower Italian Bread Shortbread Cookies (791)	<b>10</b> Breaded Bone-in Pork Chop with Gravy Scalloped Potatoes Peas with Red Pepper Chef Salad with Dressing Dinner Roll Cherry Pie with Whipped Topping (1047)	<b>11</b> <b>CENTER CLOSED</b> 	<b>12</b> <b>INDOOR PICNIC</b> <b>Hot Dogs, Hamburgers, Sides and Dessert</b>  <b>\$8.00 Pay in office</b>
<b>15</b> Ham Steak with Pineapple Topping Sweet Potatoes Creamy Dill Cabbage Whole Wheat Dinner Roll Shortbread Cookies (692)	<b>16</b> Beef Stew Brussels Sprouts Warm Biscuit Cinnamon Applesauce Chocolate Milk (600)	<b>17</b> Cheese Tortellini with Chicken & Roasted Red Pepper Sauce Carrots Italian Vegetables Italian Bread Fresh Grapes (519)	<b>18</b> <b>Entrée Salad</b> Chicken Caesar Salad with Caesar Dressing, Parmesan Cheese, & Croutons Wheat Bread Strawberry Bavarian (848)	<b>19</b> Stuffed Pepper with Tomato Meat Sauce Mashed Potatoes Broccoli Dinner Roll Fruit Compote (658)
<b>22</b> Polynesian Chicken over White Rice California Blend Vegetables Zucchini & Summer Squash Chocolate Cake with Chocolate Frosting (773)	<b>23</b> Turkey with Stuffing & Gravy Mashed Potatoes with Chives Green Bean Casserole Whole Wheat Roll Molded Cranberry Salad Pumpkin Pie with Whipped Topping (1066)	<b>24</b> Sloppy Joe on a Wheat Bun Cheesy Diced Potatoes Sliced Carrots Fresh Banana Chocolate Milk (835)	<b>25</b> <b>CENTER CLOSED</b> 	<b>26</b> <b>CENTER CLOSED</b>
<b>29</b> Rotini & Meatballs with Tomato Sauce & Mozzarella Cauliflower Seasoned Spinach Fruit Cocktail (701)	<b>30</b> Breaded Chicken Breast with Buffalo-Style Sauce on a Bun Fiesta Corn Broccoli Tapioca Pudding with Diced Peaches (736)	<b>1</b> <b>Entrée Salad</b> Tuna Salad with Hard-Boiled Egg on a Bed of Fresh Salad Greens Whole Grain Crackers Fresh Apple Chocolate Milk (711)	<b>2</b> Beef Stew Mashed Potatoes Biscuit Chocolate Mousse (727)	<b>3</b> Roast Pork with Warm Cinnamon Apples Mashed Butternut Squash Creamy Dill Cabbage Wheat Bread Frosted Spice Cake (737)

Please call the office at 633-5138 to sign up or to cancel lunch