

**Sign up on the  
Nutrition Board**

# JUNE 2019

**To cancel please call  
Office at 633-5138**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b> Tortini with Meatballs & Tomato Sauce Cauliflower Seasoned Spinach Fruit Cocktail (641)	<b>4</b> Breaded Chicken Breast with Buffalo-style Sauce on a Bun Fiesta Corn Broccoli Seasonal Fruit Chocolate Milk (821)	<b>5</b> Roast Turkey with Stuffing, Gravy & Cranberry Sauce Mashed Sweet Potato Peas Tapioca Pudding with Peaches (715)	<b>6 ENTRÉE SALAD</b> Chicken Salad with Cranberries on a Bed of Lettuce with Tomatoes Whole Grain Crackers Chocolate Mousse (702)	<b>7</b> Roast Pork with Cinnamon Apples Mashed Potatoes Carrots Wheat Bread Frosted Spice Cake (713)
<b>10</b> Turkey a la King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (742)	<b>11</b> Baked Salmon with Pineapple Salsa Vegetable Rice Pilaf Broccoli Cornbread Baked Pear Crisp (854)	<b>12</b> Breaded Chicken Drumsticks AuGratin Potatoes Green Beans Dinner Roll Chocolate Éclair (800)	<b>13</b> Roast Beef with Onion Gravy & Horseradish Sweet Potatoes Brussels Sprouts Rye Bread Fruited Gelatin (651)	<b>14 ENTRÉE SALAD</b> Julienne Salad with Dressing Whole Wheat Roll Orange Sherbet (653)
<b>17</b> Italian Sausage with Peppers, Onions & Tomato Sauce on a Bun Roasted Red Potatoes Mixed Vegetables Pineapple (667)	<b>18</b> Meatloaf with Gravy Mashed Potatoes Broccoli White Bread Vanilla Mousse (822)	<b>19 ENTRÉE SALAD</b> Grilled Chicken Caesar Salad with Caesar Dressing Wheat Dinner Roll Seasonal Fruit Chocolate Milk (933)	<b>20</b> Veal Parmesan with Tomato Sauce Italian Green Beans Cauliflower Dinner Roll Frosted Marble Cake (824)	Hamburger with Ketchup on a Bun Corn Vegetable Pasta Salad Peach Shortcake with Whipped Topping (828)
<b>24</b> BBQ Pork Ribette on a Bun Cheesy Mashed Potatoes Seasoned Spinach with Mushrooms Glazed Lemon Cake (1009)	<b>25</b> Beef Stew Brussels Sprouts Biscuit Strawberry Bavarian (560)	<b>26</b> Beef Macaroni Casserole California Mixed Vegetables Corn Rye Bread Fruit Compote (764)	<b>27</b> Roasted Turkey Breast with Gravy & Cranberry Sauce Mashed Potatoes Peas & Carrots Breakaway Roll Gelatin (603)	<b>28</b> Breaded Fish with Tartar Sauce on a Whole Wheat Bun Macaroni & Cheese Italian Green Beans Mandarin Oranges (826)