

CLARENCE SENIOR CENTER LUNCH MENU

JANUARY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 Boneless Chicken Breast with Marsala Sauce Rice Pilaf Cauliflower & Carrots Grape Juice Chocolate Chip Cookies (686)	4 Macaroni & Cheese Zucchini & Tomatoes Green Beans Wheat Dinner Roll Fruit Cocktail (832)	5 Entrée Salad Julienne Salad with Dressing Dinner Roll Rice Krispie Treat (652)	6 Tortellini with Tomato Meat Sauce Chef Salad with Dressing Italian Mixed Vegetables Italian Bread Fresh Orange Chocolate Milk (704)	7 Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Dinner Roll Strawberry Bavarian (795)
10 Sliced Turkey with Stuffing, Gravy & Cranberry Sauce Mashed Potatoes Carrots Lorna Doones (699)	11 Beef Pepper Steak Casserole over Rice Broccoli Wax Beans with Carrot Butterscotch Pudding (645)	12 Penne Pasta with Meatballs, Tomato Sauce & Mozzarella Cheese Chef Salad with Dressing Country Cottage Mix Grape Juice Ambrosia (841)	13 Roast Pork Loin with Cranberry Chutney Sweet Potatoes Green Beans Wheat Bread Cinnamon Applesauce Chocolate Milk (756)	14 Breaded Chicken Drumsticks Au gratin Potatoes Seasoned Mixed Greens Cornbread Marinated Cucumber & Tomato Salad Banana Cream Pie (1065)
17 <p style="text-align: center;">CENTER CLOSED</p>	18 Ancho Chicken Fajita Skillet with Peppers, Onions, Salsa & Shredded Cheddar Flour Tortilla Seasoned Black Beans & Rice Fiesta Corn Tropical Fruit (763)	19 Beef Bourguignon Mashed Potatoes French Bean Medley Wheat Bread Oatmeal Raisin Cookies (857)	20 Turkey Tzatziki Salad on a Bed of Fresh Salad Greens & Cherry Tomatoes Pita Bread Fresh Banana Chocolate Milk (603)	21 Ham Steak with Brown Sugar Glaze Cheesy Scalloped Potatoes Brussels Sprouts Cornbread Pear Crisp (716)
24 Caribbean Chicken Stew Broccoli Wheat Dinner Roll Pineapple (606)	25 Hot Dog with Baked Beans & Ketchup on a Bun Roasted Red Potato Carrots Fresh Apple Chocolate Milk (776)	26 Indoor Picnic Chicken Salad Sandwich and/or Hot Dogs Macaroni Salad Chef Salad Chips Dessert Bar	27 Lasagna Roll with Meatsauce California Mixed Vegetables Grape Juice Chef Salad with Dressing Dinner Roll Lemon Bavarian (754)	28 Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pearl Onions Wheat Bread Brownie (849)
31 Cheese Omelet w/ Cheese Sauce Peppers, Onions & Tomatoes Tater Tots Raisin Bread Fruit Compote (777)	1 Entrée Salad Greek Grilled Chicken Breast Salad Breakaway Roll Cinnamon Pear Crisp (867)	2 Lentil Bolognese Pasta Broccoli Chef Salad with Dressing Dinner Roll Peach Bavarian (730)	3 Breaded Pork Chop with Gravy Lazy Pierogi Harvard Beets Whole Wheat Dinner Roll Pineapple & Mandarin Oranges (700)	4 Teriyaki Beef Strips over Rice Oriental Mixed Vegetables Orange Pineapple Juice Fresh Pear Chocolate Milk (662)

Please call the Office at 633-5138 to sign up or to cancel lunch.