


CLARENCE SENIOR CENTER

Sign up for lunch on the Nutrition Board one week in advance

JANUARY 2019

To cancel a reservation

call the Office at
633-5138

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
|  | <p>1 No Meals Served</p> <p>Center Closed</p> <p>Happy New Year!</p> | <p>2 Breaded Chicken Breast with Gravy Mashed Sweet Potatoes Green Bean Casserole Dinner Roll Chocolate Chip Cookies (1022)</p> | <p>3 Sahlen's Hot Dog with Chili Sauce on a Bun Macaroni & Cheese California Blend Vegetables Tropical Fruit Cup (870)</p> | <p>4 Lasagna Roll with Tomato Meatsauce & Mozzarella Cheese Chef Salad with Dressing Cauliflower Italian Bread Strawberry Bavarian (968)</p> |
| <p>7 Boneless Chicken Breast with Marsala Sauce Cauliflower Mixed Vegetables Dinner Roll Oatmeal Raisin Cookies (863)</p> | <p>8 ENTRÉE SALAD Julienne Salad with Classique Dressing Wheat Dinner Roll Fruit Cocktail (615)</p> | <p>9 Polish Sausage with Sauerkraut & Mustard on a Bun Fresh Red-skin Potato Sliced Carrots Frosted Cherry Cake (983)</p> | <p>10 Tortellini with Tomato Meatsauce Chef Salad with Dressing Italian Mixed Vegetables Italian Bread Fresh Orange Chocolate Milk (746)</p> | <p>11 Salisbury Steak with Onion Gravy Scalloped Potatoes Peas Dinner Roll Lorna Doones (582)</p> |
| <p>14 Sliced Turkey with Gravy Mashed Potatoes Carrots Dinner Roll Sugar Cookies (685)</p> | <p>15 Beef Pepper Steak Casserole over Rice Broccoli Wax Beans with Carrot Strawberry Bavarian (535)</p> | <p>16 Penne Pasta with Meatballs, Tomato Sauce & Mozzarella Cheese Country Cottage Mixed Vegetables Pineapple Juice Ambrosia (819)</p> | <p>17 Roast Pork Loin with Cranberry Chutney Sweet Potato Peas Wheat Bread Chunky Cinnamon Applesauce (650)</p> | <p>18 Baked Tilapia with Creole Sauce Red Skin Potato Seasoned Collard Greens & Cornbread Banana Cream Pie (956)</p> |
| <p>22</p> <p>CENTER CLOSED</p> | <p>23 Chicken Caesar Salad with Caesar Dressing Multigrain Bread Tropical Fruit (759)</p> | <p>Beef Stroganoff over Brown Rice Cauliflower French Bean Medley Oatmeal Raisin Cookies (609)</p> | <p>24 Chicken Pasta Primavera Italian Vegetables Dinner Roll Fresh Fruit Chocolate Milk (828)</p> | <p>25 Ham Steak with Maple Glaze Cheesy Scalloped Potatoes Brussels Sprouts Cornbread Pear Crisp (785)</p> |
| <p>28 Chicken Biscuit Pie Brussels Sprouts Fresh Banana (716)</p> | <p>29 Veggie Burger with Ketchup on a Wheat Bun Roasted Red Potato Seasoned Spinach Pineapple Chocolate Milk (684)</p> | <p>30 Roasted Pork Loin with Gravy Mashed Squash Creamy Cabbage with Dill Rye Bread Cinnamon Streusel Cake(690)</p> | <p>31 Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pearl Onions Wheat Bread Brownie (849)</p> | <p>1 Lasagna Roll with Meatsauce California Mixed Vegetables Chef Salad with Dressing Dinner Roll Lemon Bavarian (761)</p> |