

Clarence Senior Center
4600 Thompson Road
Clarence, New York 14031

NON-PROFIT
U.S. Postage
PAID
Permit no. 28
Clarence, NY
14031

PLACE LABEL HERE

The *SILVER*
STREAK →

Violet Oldenski
Chair, Board of Directors

Debb Sabbatis
Executive Director

Nicky Geiger
Program Coordinator

Bob Geiger
Councilman
Town Board Liaison

Phone: 716.633.5138

Email:
debb.sabbatis@clarenceseniorcenter.org

Web-site: www.clarenceseniorcenter.org

December 2021



Clarence Senior Citizens, Inc.

4600 Thompson Road

Clarence, NY 14031

Phone 633-5138 • Fax 406-2604

Email: contact@clarenceseniorcenter.org

Web-site: www.clarenceseniorcenter.org

The mission of Clarence Senior Citizens, Inc. is to provide social, recreational, educational, and nutritional programs, as well as opportunities for volunteerism, to persons in the community who are fifty-five and older.

Center Staff

Executive Director Debb Sabbatis
Program Coordinator.....Nicky Geiger
Office AdministratorJoy Davey
Office/Program Associate.....Carol Serviss
Bookkeeper.....Karen Hopkins
Office Associate.....Joyce DePronio
Food Service Manager.....Mike Mairose
Van DriverBillie Held
Van Driver.....Fran Dougherty

MOW Site Manager Donna Truman
MOW Office633-9783
Outreach Services..... Pamela L. Macadlo

Transportation Service

Transportation is available to members who are residents of Clarence on a first call, first reserved basis. Please call the office at 633-5138 to make or cancel a reservation. A suggested donation of \$2 roundtrip to help defray costs would be greatly appreciated.

ALL RESERVATIONS MUST BE MADE 24 HOURS IN ADVANCE

Shopping trips are available four afternoons a week.

The Bus will leave the center at 1:00 p.m. for an hour at the store and then passengers will be taken home.

Limit of 2 bags or as much as you can personally carry.

Monday.....Walmart
Tuesday.....Tops
Wednesday.....Wegmans
Friday.....Aldi's

Rural Transit.....716-565-3323

Dispatch M-F, 9 - 1 p.m.

Van Runs M-F, 8 - 4 p.m.

Going Places Van.....716-858-7433



IMPORTANT PHONE NUMBERS

AARP 1-800-424-3410
Community Education..... 407-9001
EPIC Hotline..... 1-800-332-3742
Erie County Adult Protection..... 858-6877
Erie County Senior Services..... 858-8526
Library..... 741-2650
Meals on Wheels 633-9783
Parks Department..... 741-8927
Post Office (Main Street) 759-1243
Senior Citizen's Helpline..... 1-800-342-9871
Senior Outreach Services 636-3070
Social Security 1-800-772-1213
State Police..... 759-6831
Town Clerk..... 741-8938

Erie County
Senior Services is
here for you!



Pamela Macadlo of Senior Outreach Services is here to help you. Please contact her at (716) 636-3070 if you need assistance with any of the following:

- Applying for entitlements & benefits (HEAP, SNAP, etc.)
- Insurance coverage questions/Health Insurance Reviews
- Budgeting and financial stability
- Housing Information
- Medicaid Applications

FROM THE EXECUTIVE DIRECTOR...

It's the most wonderful time of the year!



*From all of us to all of our
LSC friends we wish you a
Joyous Holiday Season and
a wonderful New Year!*

We hope that you all will spend some time enjoying the Holiday Season at the LSC. Join us for lunch-especially our Holiday Luncheon, tree trimming and cookie decorating, enjoy a holiday movie, make a special craft or just stop by to share some holiday cheer.

Do not forget to sign up for the gala event of the year-celebrate the New Year at a fantastic luncheon at Salvatore's Italian Gardens!

Best wishes from,

*Debb, Nicky, Joy, Carol, Joyce, Karen, Billie, Francis and
Mike*

As a 501 (c)(3) charitable not-for-profit organization, Clarence Senior Citizens, Inc. is able to accept tax deductible contributions. Honor a special person by making a memorial donation. Your donation will help to make a difference in the lives of seniors by supporting a wide range of programs provided at the Clarence Senior Center.

FIND YOUR NAME "HIDDEN" IN THE SILVER STREAK AND COME TO THE OFFICE TO PICK UP YOUR TWO FREE CSC LUNCH CERTIFICATES

Wednesday, December 1st

The Best Of Christmas Trip
Featuring lunch at Tillman's and the
George Eastman House

For those going on this trip please arrive by 8:15 a.m.
so that we can be ready to leave at 8:45 a.m. Please
don't forget your mask!



Thursday, December 2nd

Tree Trimming and Cookie Decorating at 10:00 a.m.

Let's ring in the holiday season. This morning we
will be trimming the tree and decorating cookies.
Please consider bringing in a canned good for the
food pantry.

Thursday, December 2nd

UBMD Presentation on Healthy Brain at 11:00 a.m.

Come and learn about promoting healthy brain
function through the prevention of brain diseases,
disorders, and injuries in adults. As we age we are not
quite as sharp as our younger days. But how can we
tell normal aging from early signs of dementia and
Alzheimer's disease. Sign up to attend this
informational meeting.

Friday, December 3rd

United Healthcare 10:00 a.m.—12:00 p.m.

A representative will be here to answer questions.

Friday, December 3rd

Movie 1:15 p.m.
Crazy Stupid Love

Starring: Steve Carell, Ryan Gosling, Julianne Moore,
Emma Stone, Marisa Tomei and Kevin Bacon

Fortysomething Cal Weaver thinks his marriage is
perfect, until his wife Emily asks for a divorce. Now
Cal is single and looking for love with the help of
expert ladykiller Jacob who gives Cal's manhood a
remarkable makeover. They discover that being a
player without the right partner isn't just crazy and
stupid, it's impossible!

Monday, December 6th

Aetna 10:30 a.m.

A representative will be here to answer any questions.

Monday, December 6th

Book Club at 1:30 p.m.

December Books: "The Mistletoe Promise" by Richard
Paul Evans
"The Christmas Blessing" by Donna VanLiere

January Book: "One for the Blackbird, One for the Crow
by Olivia Hawker.

Tuesday, December 7th

Univera 10:00 a.m.—12:00 p.m.

A representative will be here to answer questions you
may have about Medicare.

Tuesday, December 7th

Birthday In A Bag 12:00 p.m. —1:00 p.m.

If your Birthday is in December let us help you
celebrate. Univera will be handing out bags that include
a birthday treat, sprinkles and a card. This is a drive-
thru event. Please call the office to reserve your bag.

Tuesday, December 7th

Holiday Tea 1:30 p.m.

Take a break from the holiday madness and join us as we
relax with a cup of tea or two and a delicious luncheon.
The menu for this event is chicken cordon bleu casserole
and special desserts. You won't want to miss this very
special occasion to visit with your friends and enjoy the
holiday season. The price for this luncheon is \$15. Sign
up before this event is sold out!

Tuesday, December 7th

Dinner 5:00 pm

Dinner will be chicken fajita skillet, Spanish rice, corn
and banana cream pie for dessert. Suggested donation is
\$3.00

Wednesday, December 8th

Twelve Days of Christmas

Each day we will be giving away a gift at random for those who participate in the lunch program. If you sign up for lunch, your name will automatically be in the drawing for that day! We will be giving away a gift everyday through Thursday, December 23rd. Have to be present to win...good luck!



Wednesday, December 8th

Brainstormers "Power Up" 1:00 p.m.

The Brainstormers are a group of "seasoned" actors who volunteer their time and talent in creating and performing well-rehearsed staged readings of vignettes that dramatize issues of concern for seniors. "Power Up" by Keith Elkins: Living in a retirement community named Sunful Acres, Bruce Wayne (aka Batman), Clark Kent (aka Superman) and Diana Prince (aka Wonder Woman) try to figure out what's happened to their super powers and how to live without them. Sign up to reserve your seat!

Thursday, December 9th

Holiday Craft 1:15 p.m.

Join Nicky Geiger, Program Coordinator as she instructs this fun and easy holiday craft, M&M Cookie Mix in a Jar. These would make an excellent hostess gift for the upcoming holidays. The cost of this class will be \$5.00. Please sign up and pay in the office by December 6th.



Attention Volunteers

Thank you to all our volunteers that have been lending a helping hand with our newsletters and kitchen duties. Special shout out to Bob Landrich for helping in our kitchen and in our library!

Friday, December 10th

Movie 1:15 p.m.

The Benny Goodman Story

Starring: Steve Allen, Donna Reed & Sammy Davis

The music of Benny Goodman comes to life in this wonderful musical biography of the famed King of Swing. Featuring all the outstanding songs and instrumentals made famous by the immortal clarinetist, the story follows the innovative musician from his childhood in Chicago to his historic concert at Carnegie Hall in 1938.

Monday, December 13th

Greeting Card Workshop 1:15 p.m.

Instructor and demonstrator Diane Carr will assist you in making two new greeting cards. View a sample of the cards you will create in the front display case. Cost for the craft is \$5.00. Please sign up and pay in the office.

Tuesday, December 14th

Dinner & Movie 3:00 p.m.

Miracle on 34th Street

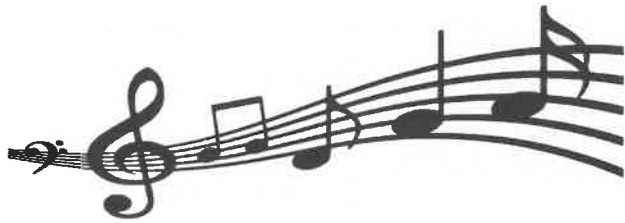
Starring: Richard Attenborough & Elizabeth Perkins

In this modern update of the beloved 1947 classic, six-year-old Susan has doubts about childhood's most enduring miracle—Santa Claus. But after meeting a special department store Santa who's convinced he's the real thing, Susan is given the most precious gift of all—something to believe in. A pork chop dinner will follow which includes garlic mashed potatoes, carrots, dinner roll & oatmeal cookies. Suggested donation for dinner is \$3.00.

Wednesday, December 15th

Safe Driver Academy 9:00 a.m.

Lower your auto insurance 10% for three years or reduce up to 4 points from your DMV record. You'll save money and increase your driving skills, but who would think you would be laughing out loud and having a lot of fun? This unique Safe Driver Academy class is NYS's only DMV approved humor-based class. The fee for this class is \$35 payable to Safe Driver Academy. Enjoy your break and order a meatloaf lunch at the center.



BUFFALO PHILHARMONIC ORCHESTRA

Thursday, December 16th

Holiday Pops Concert 10:30 a.m.
8:30 a.m. (Depart from Center)

The BPO connects you with the spirit of the season. Mr. Christmas brings together a magical program to put you in the holiday spirit. Complimentary coffee and doughnuts served at 9:30 a.m. Cost is \$60.00 which includes transportation from the Senior Center. Please sign up and pay in the office.

Thursday, December 16

Holiday Luncheon 11:30 a.m.

Celebrate the holiday season at the CSC. We will have entertainment starting at 11:30 a.m. with The Ladies First Quartet. Lunch will follow at 12:30 which will be chicken cordon bleu, rice pilaf, broccoli, roll, chef salad and strawberry cheesecake. Please sign up in the office. Suggested donation for lunch is \$3.00.

Thursday, December 16th

CSC Diners
The Boston Hotel
5555 Genesee Street Lancaster

Menu Choices:

Pork Chop
Strip Steak
Seafood Platter
(Shrimp, scallops, clams casino & lobster tail)

Meals include choice of potato, mixed vegetables, coffee, tea or soda, dessert and gratuity. All center members are welcome to attend. Please sign up and pay in the office by Thursday, December 9th.

Call the office for pricing!!

Friday, December 17th

Movie 1:15 p.m.

Holiday Inn

Starring: Bing Crosby, Fred Astaire

Screen legends Bing Crosby and Fred Astaire sing and dance their way into your heart in one of the most timeless holiday classics ever, Holiday Inn. Featuring the Academy Award-winning song, "White Christmas," Crosby plays a song-and-dance man who leaves showbiz to run an inn that is open only on holidays. Follow the two talented pals as they find themselves competing for the affections of the same lovely lady. 'Tis the season for one of the most sensational musical comedies of all time!

Tuesday, December 21st

Dinner & Movie 3:00 p.m.

National Lampoon's Christmas Vacation

Starring: Chevy Chase

This holiday season Clark Grosword (Chevy Chase) vows his clan will enjoy "the most fun-filled old-fashioned family Christmas ever." Seeing is believing. There are 25,000 lights on the roof. An exploding turkey on the dining room table. A SWAT team taking siege outside. A script full of wit, heart and sheer goofiness. Yule love it! After enjoy a lasagna roll dinner with meat sauce that includes cauliflower, peas, dinner roll and sugar cookies. Suggested donations for dinner is \$3.00. Please sign up in the office.

DECEMBER 24TH
THE CENTER WILL BE CLOSED!

Tuesday, December 28th

Dinner & Movie 3:00 p.m.

How The Grinch Stole Christmas

Starring: Jim Carrey

Discover the Magic of the Mean One this holiday season! Oscar-winning director Ron Howard bring Christmas' best-loved grump to life with the help of the irrepressible Jim Carrey as the Grinch. Why is The Grinch such a grouch? No one seems to know, until little Cindy Lou Who takes matters into her own hands and turns both Whoville and The Grinch's world upside down, inside out...and funny side up. Dinner will be cheese tortellini with chicken & roasted red pepper sauce, cauliflower, peas, dinner roll, and a chocolate éclair for dessert. Please sign up in the office. The suggested donation is \$3.00.

Wednesday, December 29th

New Year's Gala
Salvatore's Italian Gardens
6461 Transit Road, Depew
12:00 p.m.—4:00 p.m.
Doors open at 11:45 a.m.

Don't miss the gala event of the season!
Share the afternoon with friends and celebrate the New Year. For your listening and dancing pleasure, music will be provided by "The Nitetones"
Complimentary hors d'oeuvres and soda will be served from 12:00—1:00 p.m. A cash bar will be available.

Entrée Choices

Prime Rib
Poaches Salmon
Chicken Milanese

Meals include: potato, vegetable, salad, rolls, coffee & tea and dessert. Member tickets are available at \$35 per person. Nonmembers may attend as a guest for \$50 per person. Don't miss this magical event! Sign up and pay in the office by December 20th.

****Center will be closed for all afternoon activities****

Thursday, December 30th

New Year's Luncheon 12:30 p.m.

Bring in the New Year with your friends here at the center. Today's lunch will be a bone-in pork chop with gravy, mashed potatoes, orange-glazed carrots, chef salad, roll and chocolate cream pie. Suggested donation for this meal is \$3.00. Remember to sign up in the office.

DECEMBER 31ST
HAPPY NEW YEAR
THE CENTER WILL BE CLOSED!

PLEASE RENEW YOUR MEMBERSHIP

All 2021 memberships will expire on December 31st. Not only does your membership entitle you to participate in the many classes, programs, activities, and events offered at the Clarence Senior Center. It also includes your subscription to "The Silver Streak". Don't miss a single issue! Membership may be renewed in the Center office.

Ongoing Collection for The Clarence Food Pantry

We will continue to collect canned and dry goods to donate to The Clarence Food Pantry. A box for donations is located in the coat room in our lobby.

Dash's Tapesaver Program

Please save your Dash's receipts and drop them off in the box located in front of the office. For every \$100 worth of cash receipts collected Dash's Market will donate \$2.50 to the Center.

FROZEN MEAL PROGRAM

Frozen meals are available for curbside pick-up once a week. There is a 3 meal or 5 meal per week option. This program is available to all seniors in Erie County. The suggested contribution is \$3 per meal. Delivery is also available. If you would like more information or would like to sign up please call Nicky Geiger at 633-5138

NOTICE

There will be no line dancing classes during the month of December. Classes will resume on Wednesday, January 5th.



Sign In Procedures

Please sign in upon arrival to the center and sign out upon exiting the building. Member sign in is located in the foyer. Thank you!

Wednesday Game Day

Come join us at the center every Wednesday at 1:00 p.m. for a game of Rummikub, Five Crown, Hand & Foot and/or Euchre. Don't know how to play?? No worries we can teach you.

So-Sew Mask Making

We are still having to wear masks most places that we go...why not join us in the so-sew room every Monday and Wednesday morning to help make them. Make some for yourself and for someone else that may need one.





WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 So-Sew #2	9:00 Cards/Games #2	9:00 So-Sew #2	9:00 Cards/Games #2	9:00 Stretch & Tone #5A
9:15 Ceramics #4	9:15 Ceramics #4	9:15 Woodworking #3	9:00 Aerobics #5A	9:30 – 11:00 Senior Outreach #4
9:30 Woodworking #3	9:30 Woodworking #3	9:30-10:45 Line Dance #5A	9:15 Ceramics #4	9:30 Woodworking #3
10:00 Chair Yoga #7	11:00 Resistance Exercise 5A	(CANCELLED FOR DECEMBER)	9:30 Woodworking #3	10:00 Meditation #7
10:15 Tap #5A	12:30 LUNCH #5B	9:30 Ceramics #4	10:00 Tai Chi #5A	10:00 Chair Yoga #5B
11:30 Jazz #5A	12:30 Billiards #6	11:00 Arthritis Exercise #5A	10:00 Five Crown #7	11:00 Resistance Exercise #5A
12:30 LUNCH #5B	1:00 Euchre #7	12:30 LUNCH #5B	12:30 LUNCH #5B	12:30 LUNCH #5B
12:30 Billiards #6	1:00 Scrabble #2	12:30 Billiards #6	1:00 Bridge #7	12:30 Billiards #6
1:00 Pinochle #7	1:30 Indoor Horseshoes #5B	1:00 Bridge #7	1:15 Bingo #5B	1:00 Pinochle #7
1:30 Shuffleboard 5A	3:00 Movie #5A	1:00 Watercolor #4	1:30 Shuffleboard #5A	1:15 Movie #5A
	5:00 Chair Yoga #7	1:00 Hand & Foot/ Canasta/Rummikub/ Five Crown/Euchre #2		1:30 Dominoes #4
	5:00 Dinner #5B	2:30 Zumba #5A		

Call the office for more information on any of these activities.

*All activities listed on the schedule are subject to time and date change and/or cancellation.

December Special Events



<i>Su</i>	Mon	Tue	Wed	Thu	Fri	Sat
			1 8:45 Christmas Trip 9:00 Computer Help	2 10:00 Tree Trimming 11:00 UBMD Healthy Brain Presentation	3 10:00 United Healthcare 1:15 Movie	
6 10:30 Aetna 1:30 Book Club	7 10:00 Univera 12:00 Birthday in a Bag 1:30 Holiday Tea 5:00 Dinner	8 12:30 Twelve Days of Christmas Starts 1:00 Brainstormers Perform "Power Up"	9 11:00 Alzheimers Presentation 1:15 Craft	10 1:15 Movie		
13 1:15 Greeting Cards	14 3:00 Movie 5:00 Dinner	15 9:00 Driving Class 9:00 Computer Help	16 8:30 BPO Concert 11:30 Holiday Luncheon	17 1:15 Movie		
20	21 3:00 Movie 5:00 Dinner	22	23	24 CENTER CLOSED		
27	28 3:00 Movie 5:00 Dinner	29 9:00 Computer Help 12:00 Salvatore's Gala CENTER WILL CLOSE AT 12:00 P.M.	30 12:30 New Year's Luncheon	31 CENTER CLOSED		

Embrace Life. Stay Connected.



COVID-19 BOOSTER SHOTS

The Clarence Pharmacy will be at the center on December 8th from 10:00 a.m. until 12:00 p.m. to administer booster shots. Make sure to bring your vaccination record card and government Medicare card with you. Call the office to schedule yours today!!



Clarence Senior Center Lunch Menu

DECEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
29 Rotini & Meatballs with Tomato Sauce & Mozzarella Cauliflower Seasoned Spinach Fruit Cocktail (701)	30 Breaded Chicken Breast with Buffalo-Style Sauce on a Bun Fiesta Corn Broccoli Tapioca Pudding with Diced Peaches (736)	1 Entrée Salad Tuna Salad with Hard-Boiled Egg on a Bed of Fresh Salad Greens Whole Grain Crackers Fresh Apple Chocolate Milk (711)	2 Beef Stew Mashed Potatoes Biscuit Chocolate Mousse (727)	3 Roast Pork with Warm Cinnamon Apples Mashed Butternut Squash Creamy Dill Cabbage Wheat Bread Frosted Spice Cake (737)
6 Turkey Ala King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (742)	7 Ham Steak with Maple Glaze Scalloped Potatoes Peas with Red Pepper Rye Bread Lemon Cake with Frosting (821)	8 Soup & Salad Chicken & Wild Rice Soup Broccoli Florets Chef Salad with Dressing Whole Wheat Dinner Roll Baked Pear Crisp (732)	9 Breaded Chicken Breast with Tomato Sauce & Mozzarella over Pasta Wax Beans Chef Salad with Dressing Tropical Fruit Chocolate Milk (693)	10 Roast Beef with Onion Gravy & Horseradish on a Whole Wheat Roll Sweet Potatoes Brussels Sprouts Whole Wheat Roll Fruited Gelatin (692)
13 Chicken & Sausage Paella Corn Fruit Punch Yellow Rice with Turmeric Pineapple (657)	14 Entrée Salad Julienne Salad with Dressing Dinner Roll Frosted Marble Cake (759)	15 Meatloaf with Gravy Mashed Potatoes Peas Wheat Dinner Roll Peach Crisp (882)	16 Chicken Cordon Bleu with Herb Cream Sauce Vegetable Rice Pilaf Broccoli Spears Dinner Roll Chef Salad with Dressing Strawberry Cheesecake (1071)	17 Chili Con Carne Carrots Coleslaw Cornbread Fresh Pear Chocolate Milk (966)
20 Pork Ribette with BBQ Sauce on a Bun Cheesy Mashed Potatoes Seasoned Mixed Greens Lemon Cake with Lemon Glaze (950)	21 Creamy Tomato Soup Macaroni & Cheese Peas Chef Salad with Dressing Apple Pie with Whipped Topping (915)	22 Beef Macaroni Casserole California Mixed Vegetables Corn Rye Bread Fruit Compote Chocolate Milk (844)	23 Roasted Turkey with Stuffing & Gravy Mashed Potatoes Peas & Carrots Molded Cranberry Salad Lorna Doones (795)	24 CENTER CLOSED 
27 Cheese Ravioli with Tomato Meat Sauce Peas Seasoned Summer Squash with Peppers Italian Bread Peaches (738)	28 Breaded Chicken Drumsticks Cheesy Mashed Potatoes Mixed Vegetables Wheat Bread Sugar Cookies Chocolate Milk (975)	29 NO LUNCHESES SERVED TODAY	30 Bone-In Pork Chop with Gravy Garlic Mashed Potatoes Orange-Glazed Carrots Chef Salad with Dressing Whole Wheat Dinner Roll Chocolate Cream Pie (1069)	31 CENTER CLOSED 

Please call the office at 633-5138 to sign up or to cancel lunch