

CLARENCE SENIOR CENTER  
Sign up for lunch on the Nutrition  
Board one week in advance.

# DECEMBER

633-5138  
To cancel a reservation  
Please call the office.

Mon	Tue	Wed	Thu	Fri
<b>3 Lasagna w/Meatsauce</b> <b>Green Beans</b> <b>Cauliflower</b> <b>Italian Bread</b> <b>Diced Peaches 716</b>	<b>4 Turkey Tetrazzini w/Pasta</b> <b>Broccoli</b> <b>Carrots</b> <b>Carnival Cookies</b> <b>693</b>	<b>5 Salisbury Steak w/Gravy</b> <b>Mashed Potatoes</b> <b>Lima Bean Bake</b> <b>Wheat Bread 768</b> <b>Mandarin Oranges</b>	<b>6 ENTRÉE SALAD</b> <b>Cranberry Chicken</b> <b>Salad on Lettuce</b> <b>w/Dressing</b> <b>Multigrain Crackers</b> <b>Fresh Apple 763</b>	<b>7 Vegetable Quiche w/Cheese Sauce</b> <b>Home Fries</b> <b>Wheat Dinner Roll</b> <b>Gelatin with Fruit</b> <b>966</b>
<b>10 Beef Macaroni Casserole w/Cheese</b> <b>Carrots</b> <b>Cauliflower 743</b> <b>Pineapple Tidbits</b>	<b>11 ENTRÉE SALAD</b> <b>Chicken Caesar Salad/Dressing</b> <b>Wheat Dinner Roll</b> <b>Pears (828)</b>	<b>12 Mac &amp; Cheese w/Chicken</b> <b>Diced Beets</b> <b>Broccoli</b> <b>Fresh Banana (899)</b>	<b>13 Hamburger w/Onion Gravy/Bun</b> <b>Scalloped Potatoes</b> <b>Seasoned Spinach</b> <b>Gelatin w/Fruit (878)</b>	<b>14 Breaded Fish w/Tartar Sauce</b> <b>Carrots/Coleslaw</b> <b>Broccoli Cheese Rice</b> <b>Casserole (1008)</b>
<b>17 BBQ Pulled Pork on a Bun</b> <b>AuGratin Potatoes</b> <b>Romano Vegetables</b> <b>Fresh Orange (797)</b>	<b>18 Penne Pasta w/Meatballs</b> <b>Shredded Mozzarella</b> <b>Peas (814)</b> <b>Tropical Fruit Cup</b>	<b>19 Chicken Cordon Bleu w/Cream Sauce</b> <b>Rice Pilaf</b> <b>Glazed Carrots</b> <b>Cheesecake (753)</b>	<b>20 Meatloaf w/Gravy</b> <b>Mashed Potatoes</b> <b>Fiesta Corn</b> <b>Hamburger Roll</b> <b>Cookie (1037)</b>	<b>21 Chicken Drumstick</b> <b>Scalloped Potatoes</b> <b>Mixed Vegetables</b> <b>Wheat Bread</b> <b>Apple Pie (969)</b>
<b>24</b>  <b>CENTER CLOSED</b>	<b>25</b>  <b>CENTER CLOSED</b>	<b>26 Breaded Veal Patty w/Mozzarella Cheese and Tomato Sauce over Pasta</b> <b>Seasoned Spinach</b> <b>Sugar Cookies (972)</b>	<b>27 Shredded BBQ Beef on a Soft Roll</b> <b>Minestrone Soup</b> <b>Mixed Vegetables</b> <b>Pineapple Tidbits</b> <b>Chocolate Milk (702)</b>	<b>28 Breaded Pork Chop w/Gravy</b> <b>Mashed Potatoes</b> <b>Broccoli</b> <b>Wheat Dinner Roll</b> <b>Banana (696)</b>
<b>31 Cabbage Roll w/Meatsauce</b> <b>Mashed Potatoes</b> <b>Carrots (923)</b> <b>Wheat Dinner Roll</b> <b>Lemon Meringue Pie</b>				

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guest under the age of 60 is \$5.00.  
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.