

CLARENCE SENIOR CENTER
Sign up for lunch on the Nutrition
Board one week in advance.

SEPTEMBER

633-5138
To cancel a reservation
Please call the office.

| Mon | Tue | Wed | Thu | Fri |
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| 28 Swedish Meatballs over Pasta Brussels Sprouts Sweet Corn Chocolate Pudding 785 | 29 Chicken Cutlet w/Gravy Mashed Sweet Potato Mixed Vegetables Dinner Roll 813 Tropical Fruit Cup | 30 Baked Lasagna Roll Spinach & Mushrooms Cauliflower Whole Wheat Roll Strawberry Bavarian 814 | 31 Sliced Turkey w/Gravy & Stuffing Mashed Potatoes Carrot Coins Frosted Lemon Cake 797 | 1 Burger & Bun Baked Beans Macaroni & Cheese Marinates Veggie Salad Cherry Pie 1310 |
| 4 LABOR DAY CENTER CLOSED | 5 Stuffed Shells w/Meat Sauce Cauliflower Spinach Italian Bread Pineapple Tidbits 795 | 6 Breaded Chicken Cutlet w/Gravy Mashed Sweet Potatoes Mixed Veggies Dinner Roll Banana 805 | 7 Hamburger w/onion Gravy Soft Roll Mashed Potatoes Stewed Tomatoes Sugar Cookies 936 | 8 Julienne Salad Sliced Ham, Turkey, Swiss Cheese & Egg Mixed Greens, Cherry Tomatoes & Carrots Ambrosia 861 |
| 11 Beef Macaroni Casserole Cheddar Cheese Cauliflower Fiesta Corn Diced Peaches 767 | 12 Breaded Chicken Breast w/Gravy Mashed Squash Brussels Sprouts Dinner Roll 750 Apple Oatmeal Bar | 13 Breaded Veal Patty w/Gravy Mashed Potatoes Blended Veggies Whole Wheat Bread Frosted Brownie 967 | 14 Roast Pork w/Gravy Mashed Sweet Potatoes Harvard Beets Wheat Dinner Roll Fresh Apple 813 | 15 Stuffed Pepper w/Sauce Mashed Potatoes Chef Salad w/Dressing Italian Bread Fruited Gelatin 914 |
| 18 Turkey Burger w/Gravy Mashed Sweet Potatoes Broccoli Whole Wheat Roll Pineapple Tidbits 823 | 19 Knockwurst w/Sauerkraut Hot Dog Bun Mashed Potatoes Green Beans 746 Chocolate Pudding | 20 Egg Salad Sandwich Wheat Bread Minestrone Soup Carrot Coins Baked Apple 752 | 21 Sweet & Sour Chicken over Rice Seasoned Spinach Wax Beans Oatmeal Raisin Cookies 777 | 22 Beef & Rice Patty over Cabbage w/Sauce Mashed Potatoes Dinner Roll Peaches 729 |
| 25 BBQ Pork Ribbette Mashed Potatoes Peas Hot Dog Bun 791 Butterscotch Pudding | 26 Beef Macaroni Casserole Cheddar Cheese Italian Green Beans Sweet Corn Fresh Orange 778 | 27 Breaded Chicken Breast w/Gravy Rice Pilaf Chef Salad Carrot Coins Fruit Cup 779 | 28 Meatloaf w/Gravy Mashed Potatoes Spinach Rye Bread Frosted Spice Cake 852 | 29 Breaded Fish Patty w/Tartar Sauce Macaroni & Cheese Broccoli Grape Juice Strawberry Oatmeal Bar 924 |

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guests under the age of 60 is \$5.00.
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.