

CLARENCE SENIOR CENTER
Sign up for lunch on the Nutrition
Board one week in advance.

SEPTEMBER

633-5138
To cancel a reservation
Please call the office.

Mon	Tue	Wed	Thu	Fri
3 LABOR DAY CENTERCLOSED	4 Veal Parmesan w/Tomato Sauce over Pasta Cauliflower Green Beans Diced Pears (730)	5 Boneless Chicken Breast w/Vegetable Oriental Sauce Sweet Potatoes Broccoli Lemon Vanilla Pudding (673)	6 Entrée Salad Julienne Salad Dinner Roll Frosted Yellow Cake (1011)	7 Meatloaf w/Gravy Mashed Potato Carrots Wheat Roll Strawberry Bavarian (892)
10 <i>Picnic in the Park</i> Half a Barbecue Chicken Broccoli Salad Buttered Potatoes Dinner Roll Dessert	11 Entrée Salad Grilled Chicken Salad w/Caesar Dressing Rye Bread Cookies (1014)	12 Salisbury Steak w/Gravy Mashed Potatoes Lima Bean Bake Wheat Bread Mandarin Oranges (709)	13 Baked Chicken Thigh Sweet Potatoes Peas Dinner Roll Seasonal Fruit Chocolate Milk (706)	14 Vegetable Quiche w/Cheese Sauce Home Fries Wheat Roll Cherry Gelatin w/Pineapple (966)
17 Beef Macaroni w/Shredded Cheddar Carrots Cauliflower Dinner Roll (743) Pineapple Tidbits	18 Breaded Chicken Breast w/Gravy Butternut Squash Green Beans w/Red Pepper Wheat Roll Pears (681)	19 Turkey w/Stuffing & Gravy Mashed Potatoes Harvard Beets Fresh Grapes Molded Cranberry Salad (705)	20 Breaded Pork Chop w/Gravy Scalloped Potatoes Mixed Vegetables Wheat Bread Ambrosia (903)	21 Hamburger w/Onion Gravy On a Bun Oven Browned Potatoes w/Peppers and Onions Seasoned Spinach Gelatin with Fruit (851)
24 BBQ Pulled Pork on a Roll Au Gratin Potatoes Romano Vegetables Fresh Orange Chocolate Milk (850)	25 Penne Pasta w/Meatballs, Tomato Sauce & Mozzarella Cheese Chef Salad w/Dressing (903) Tropical Fruit Cup	26 Breaded Chicken Breast w/Herbed Gravy Mashed Sweet Potatoes Wheat Dinner Roll Chocolate Chip Cookie (934)	27 Meatloaf w/Onion Gravy Mashed Potatoes Fiesta Corn Dinner Roll Orange-Pineapple Velvet (871)	28 Tuna Macaroni Salad on a Bed of Lettuce with Tomatoes & Classique Dressing Crackers Frosted Brownie (976)

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guest under the age of age of 60 is \$5.00.
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.