

CLARENCE SENIOR CENTER
Sign up for lunch on the Nutrition
Board one week in advance.

OCTOBER

633-5138
To cancel a reservation
Please call the office.

Mon	Tue	Wed	Thu	Fri
1 Chicken Breast w/Gravy Mashed Potatoes Peas Dinner Roll Butterscotch Pudding	2 Veal Patty over Pasta w/Sauce and Mozzarella Cheese Apple Juice Seasoned Spinach Sugar Cookies	3 ENTRÉE SALAD Julienne Salad Wheat Bread Fruited Gelatin	4 Hot Dog on a Bun w/Chili Sauce Mac & Cheese Blend Vegetables Pineapple Tidbits	5 Baked Fish w/Lemon Dill Sauce Rice Pilaf Carrots Grape Juice Peach & Pear Cup
8 COLUMBUS DAY CENTER CLOSED	9 Polish Sausage w/Sauerkraut German Potato Salad – Carrots Black Forest Cake	10 Lasagna Roll w/Sauce Cauliflower Chef Salad Oatmeal Raisin Cookie	11 Sliced Turkey w/Stuffing & Gravy Mashed Potatoes Peas Pumpkin Bavarian	12 Burger w/Gravy/Bun Au Gratin Potatoes Blend Veggies Fresh Orange Chocolate Milk
15 Beef Pepper Casserole over Rice Green Beans w/Red Pepper Fruit Delight Cookie	16 Stuffed Shells Sauce & Cheese Cauliflower Chef Salad Fruit Cocktail	17 Chicken Breast w/Gravy Mashed Sweet Potato Brussels Sprouts Fresh Banana	18 Roast Beef w/Gravy Mashed Potatoes Mixed Vegetables Hamburger Bun Sugar Cookies	19 Ham & Cheese w/White Cheese Sauce Scalloped Apples Broccoli Ambrosia
22 Beef Macaroni Casserole w/Cheese Cauliflower Fiesta Corn Dinner Roll Diced Peaches	23 Chicken Leg Mashed Squash Brussels Sprouts Wheat Dinner Roll Diced Pears	24 Tuna Macaroni Salad w/Tomatoes on a bed of Lettuce Wheat Bread Chocolate Brownie w/Vanilla Frosting	25 Roast Pork w/Mushroom Gravy Rice Pilaf Harvard Beets Fresh Orange Chocolate	26 Stuffed Pepper w/Sauce Mashed Potatoes Wax Beans w/Mushroom Italian Bread Fruited Gelatin
29 Hamburger w/Gravy on a Bun Mashed Potatoes Broccoli Fresh Apple	30 Chili con Carne w/Cheddar Cheese Carrots Chef Salad	31 Breaded Pork Chop Mashed Squash Green Beans Wheat Dinner Roll Apple Pie		

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guest under the age of 60 is \$5.00.
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.