

CLARENCE SENIOR CENTER  
Sign up for lunch on the Nutrition  
Board one week in advance.

# NOVEMBER

633-5138  
To cancel a reservation  
Please call the office.

Mon	Tue	Wed	Thu	Fri
<b>29</b> Hamburger w/Gravy on a Bun Mashed Potatoes Peas Dinner Roll Butterscotch Pudding	<b>30</b> Chili con Carne w/Cheddar Cheese Carrots Chef Salad	<b>31</b> Breaded Pork Chop Mashed Squash Green Beans Wheat Dinner Roll Apple Pie	<b>1</b> Sweet & Sour Chicken over Rice Seasoned Spinach Wax Beans Diced Peaches 602	<b>2</b> Beef Rice Patty over Cabbage w/Sauce Mashed Potatoes Wheat Dinner Roll Tapioca Pudding 766
<b>5</b> Pork Ribette w/BBQ Sauce on a Bun Mashed Potatoes Zucchini & Squash Fresh Orange 758	<b>6</b> Beef Stew Mashed Potatoes Biscuit Tropical Fruit Cup 670	<b>7</b> Chicken Breast w/Gravy Rice Pilaf Broccoli Peach Bavarian 748	<b>8</b> Meatloaf w/Gravy AuGratin Potatoes Peas Wheat Dinner Roll Gelatin w/Fruit 702	<b>9</b> Sliced Turkey w/Stuffing, Gravy & Cranberry Sauce Mashed Potatoes Blend Vegetables Chocolate Éclair 720
<b>12</b> <b>VETERANS DAY</b>  <b>CENTER CLOSED</b>	<b>13</b> Meatballs w/Gravy/Pasta Blend Vegetables Grape Juice Oatmeal Raisin Cookies 884	<b>14</b> Breaded Chicken Drumsticks Cauliflower Chef Salad Cornbread 763 Rice Krispie Square	<b>15</b> Julienne Salad w/Dressing Wheat Bread Fresh Orange Chocolate Milk 826	<b>16</b> Stuffed Pepper w/Savory Sauce Mashed Potatoes Peas & Carrots Wheat Dinner Roll Gelatin w/Pears 784
<b>19</b> Sloppy Joe/Bun Fiesta Corn Cauliflower Lorna Doone Cookies 801	<b>20</b> Sliced Turkey w/Stuffing & Gravy Mashed Potatoes Green Beans Salad Pumpkin Pie 1061	<b>21</b> Ham Steak w/Pineapple Sauce Brussels Sprouts Mashed Squash Rye Bread 733 Chocolate Brownie	<b>22</b> <b>CENTER CLOSED</b>  <b>HAPPY THANKSGIVING</b>	<b>23</b> <b>CENTER CLOSED</b>
<b>26</b> Pork Stew Mashed Potatoes Biscuit Tropical Fruit Cup (686)	<b>27</b> Cabbage Roll w/Meat Sauce Mashed Potatoes Green Beans Multigrain Bread Diced Pears 713	<b>28</b> Chicken Breast w/Gravy Mashed Sweet Potatoes Broccoli 701 Lemon Vanilla Pudding	<b>29</b> Roast Beef w/Gravy Mashed Potatoes Harvard Beets Wheat Dinner Roll Frosted Yellow Cake 857	<b>30</b> Meatloaf w/Gravy AuGratin Potatoes Carrots Wheat Roll Strawberry Bavarian 934

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guest under the age of 60 is \$5.00.  
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.