

CLARENCE SENIOR CENTER
Sign up for lunch on the Nutrition
Board one week in advance.

NOVEMBER

633-5138
To cancel a reservation
Please call the office.

Mon	Tue	Wed	Thu	Fri
		1 Macaroni, Cheese & Chicken Casserole Broccoli Pineapple Juice Rye Bread 908 Peach & Pear Cup	2 Breaded Chicken Breast w/Sauce Chef Salad w/Dressing Slice Carrots Wheat Dinner Roll Fresh Orange 757	3 Hamburger w/Gravy Oven Browned Potatoes w/Peppers & Onion Stewed Tomatoes Hamburger Roll Strawberry Gelatin 837
6 BBQ Pulled Pork on a Hamburger Roll Scalloped Potatoes Mixed Vegetables Mandarin Oranges 829	7 Meatballs w/Tomato Meat Sauce & Cheese Penne Pasta Green Peas Grape Juice 1093 Chocolate Chip Cookie	8 Breaded Chicken Breast w/Herb Gravy Mashed Sweet Potatoes Diced Harvard Beets Wheat Dinner Roll Tropical Fruit Cup 817	9 Breaded Bone-in Pork Chop w/Gravy Mashed Potatoes Carrots Bread Stuffing Apple Pie 968	10 CENTER CLOSED
13 Breaded Chicken Breast w/Gravy Mashed Potatoes Green Peas Dinner Roll 815 Butterscotch Pudding	14 Breaded Veal Patty w/Tomato Sauce & Cheese over Pasta Seasoned Spinach Cranberry Juice Sugar Cookies 992	15 Ham Steak w/Maple Glaze Mashed Sweet Potatoes Green Beans Strawberry Gelatin w/Mandarin Oranges 703	16 Hot Dog w/Chili Sauce Macaroni Salad Blended Vegetables Hot Dog Roll Pineapple Tidbits 972	17 Breaded Boneless Pork Chop w/Gravy Mashed Potatoes Carrots Wheat Dinner Roll Fresh Apple 739
20 Swedish Meatballs over Cavtappi Brussels Sprouts Corn Chocolate Pudding 785	21 Sliced Turkey w/Gravy/Stuffing Butternut Squash Green Beans Cranberry Salad Pumpkin Pie 1026	22 Lasagna Roll w/Sauce Seasoned Spinach w/Mushrooms & Cauliflower Wheat Dinner Roll 877 Strawberry Bavarian	23 CENTER CLOSED	24 CENTER CLOSED
27 Beef Pepper Steak Casserole Green Beans Carrots White Rice Lorna Doones 642	28 Stuffed Shells w/Tomato Meat Sauce Cauliflower Chef Salad w/Dressing Italian Bread 887 Pineapple Tidbits	29 Breaded Chicken Cutlet w/Gravy Mashed Sweet Potatoes Mixed Vegetables Dinner Roll Fresh Banana 805	30 Hamburger w/Onion Gravy Mashed Potatoes Stewed Tomatoes Hamburger Roll Sugar Cookie 936	1 Ham & Cheese Strata w/White Cheese Sauce Scalloped Apples and Cranberries Broccoli Ambrosia 949

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guests under the age of 60 is \$5.00.
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.