

CLARENCE SENIOR CENTER
Sign up for lunch on the Nutrition
Board one week in advance.

JULY

633-5138
To cancel a reservation
Please call the office.

Mon	Tue	Wed	Thu	Fri
2 BBQ Pork on a Roll Home Fries Romano Vegetable Seasonal Fresh Fruit Chocolate Milk	3 Hot Dog w/Chili Sauce on a Bun Corn on the Cob Potato Salad Strawberry Ice Cream	4 CENTER CLOSED	5 Chicken Breast w/Gravy Mashed Potatoes Cauliflower Wheat Dinner Roll Chocolate Chip Cookie	6 Breaded Fish/Tartar Cheesy Rice w/Broccoli Carrots Apple Juice Frosted Brownie
9 Chicken Breast w/Gravy Mashed Potatoes Seasoned Spinach Dinner Roll Butterscotch Pudding	10 Cabbage Roll w/Savory Sauce Scalloped Potatoes Carrots Sugar Cookies	11 Ham Steak/Glaze Mashed Sweet Potatoes Green Beans w/Red Peppers Strawberry Gelatin Mandarin Oranges	12 Penne Pasta w/Meatballs, Sauce & Cheese Peas Chef Salad w/Dressing Tropical Fruit	13 <i>Breaded Pork Chop w/Gravy Mashed Potatoes Broccoli Wheat Dinner Roll Seasonal Fresh Fruit</i>
16 Swedish Meatballs over Pasta Cavatappi Pasta Brussels Sprouts Corn Chocolate Pudding	17 Tuna Macaroni Salad on a bed of Lettuce with Tomatoes Crackers Tropical Fruit Cup	18 Lasagna Roll w/Tomato Meat Sauce Mozzarella Cheese Seasoned Spinach Cauliflower Strawberry Bavarian	19 Turkey w/Gravy & Stuffing Mashed Potatoes Carrots Lemon Cake/Frosting	20 <i>Picnic in the Park Italian Sausage Sandwich Two Sides Dessert Sign up in the Office</i>
23 Beef Pepper Steak over Rice Green Beans Sliced Carrots Fruit Delight Cookie	24 Stuffed Shells Seasoned Spinach Chef Salad Italian Bread Pineapple Tidbits	25 Chicken Drumsticks Mashed Sweet Potatoes Brussels Sprouts Dinner Roll Chocolate Eclair	26 Roast Beef/Gravy & Horseradish Sauce Mashed Potatoes Mixed Vegetables Sandwich Roll Sugar Roll	27 Ham & Cheese w/White Cheese Sauce Scalloped Apples & Cranberries Broccoli Ambrosia
30 Beef Macaroni Casserole w/Cheese Cauliflower Fiesta Corn Dinner Roll Diced Peaches	31 Roast Pork w/Mushroom Gravy Rice Pilaf Harvard Beets Orange Chocolate Milk	1 ENTRÉE SALAD Julienne Salad w/Classique Dressing Wheat Bread Frosted Brownie	2 Stuffed Pepper w/Savory Sauce Mashed Potatoes Wax Beans/Mushrooms Italian Bread Gelatin w/Fruit Cocktail	3 Chicken Leg Quarter Mashed Squash Brussels Sprouts Wheat Dinner Roll Diced Pears

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guest under the age of 60 is \$5.00.
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.