

CLARENCE SENIOR CENTER  
Sign up for lunch on the Nutrition  
Board one week in advance.

# JULY

633-5138  
To cancel a reservation  
Please call the office.

Mon	Tue	Wed	Thu	Fri
<b>3</b> Hot Dog/Bun Baked Beans California Blend Veggies Potato Salad Ice Cream 903	<b>4</b>  <b>CENTER</b>  <b>CLOSED</b>	<b>5</b> Chicken Breast/Gravy Mashed Potatoes Harvard Beets Whole Wheat Bread Lorna Doones 765	<b>6</b> Roast Pork w/Marsala Sauce Mashed Sweet Potatoes Dinner Roll Chocolate Chip Cookies 969	<b>7</b> Stuffed Shells w/Tomato Meat Sauce Cauliflower Chef Salad w/Dressing Italian Bread Cantaloupe 905
<b>10</b> Turkey Burger w/Gravy Mashed Sweet Potato Broccoli Wheat Hamburger Bun Pineapple Tidbits 823	<b>11</b> Knockwurst Hot Dog Bun Mashed Potatoes Green Beans w/Red Pepper 735 Chocolate Pudding	<b>12</b> Beef & Rice Patty w/Cabbage & Sauce Mashed Potatoes Breakaway Roll Fruited Gelatin 750	<b>13</b> Sweet & Sour Chicken w/Rice Seasoned Spinach Wax Beans Sugar Cookies 777	<b>14</b> Chili Con Carne w/Shredded Cheese Tortilla Carrot Coins Chef Salad w/Dressing Tropical Fruit Cup 906
<b>17</b> BBQ Pork Ribette Hot Dog Bun Mashed Potatoes Peas & Carrots Fresh Cantaloupe 690	<b>18</b> Chicken & Sausage Gumbo over Rice Seasoned Spinach Fiesta Corn Oatmeal Bar 727	<b>19</b> Chicken Breast w/Jardiniere Gravy Rice Pilaf Romano Blend Veggies Marinated Salad Mandarin Oranges 699	<b>20</b> Meatloaf w/Gravy Mashed Potatoes Brussels Sprouts Rye Bread Yellow Cake w/Frosting 795	<b>21</b> PICNIC IN THE PARK BBQ Chicken Sandwich 2 Sides Dessert  Please pay in the Office
<b>24</b> Chicken Breast w/Cacciatore Sauce Penne Pasta Mashed Squash Green Peas Rice Krispie Square 772	<b>25</b> Sliced Turkey w/Stuffing Mashed Potatoes Green Beans w/Red Pepper 775 Lemon Meringue Pie	<b>26</b> Meatballs German Sauce & Cavatappi California Veggies Grape Juice Oatmeal Raisin Cookies 884	<b>27</b> Grilled Chicken Breast w/Ranch Dressing Corn, Bean Tomato Relish Fresh Mixed Greens Fresh Orange 832	<b>28</b> Stuffed Pepper w/Sauce Mashed Potatoes Wax Beans Dinner Roll Fruited Gelatin 803
<b>31</b> Creamy Turkey w/Penne Pasta Wax Beans Broccoli Lorna Doones 651	<b>1</b> Sloppy Joe Wheat Hamburger Bun Fiesta Corn Tender Peas Pineapple Tidbits 775	<b>2</b> Ham Steak w/Pineapple Sauce Oven Browned Potatoes Mashed Squash Frosted Brownie 773	<b>3</b> Roast Beef w/Gravy Mashed Potatoes Green Beans Hamburger Bun Lemon Bavarian 673	<b>4</b> BBQ Chicken Leg Mashed Potatoes Tender Carrots Dinner Roll Fresh Cantaloupe 695

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guests under the age of 60 is \$5.00.  
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.