

CLARENCE SENIOR CENTER
Sign up for lunch on the Nutrition
Board one week in advance.

AUGUST

633-5138
To cancel a reservation
Please call the office.

Mon	Tue	Wed	Thu	Fri
30 Beef Macaroni & Cheese Casserole Cauliflower Fiesta Corn Dinner Roll Diced Peaches (754)	31 Roast Pork w/Gravy Rice Pilaf Harvard Beets Wheat Dinner Roll Fresh Orange (716)	1 Julienne Salad w/Classique Dressing White Bread Frosted Brownie (993)	2 Stuffed Pepper w/Savory Sauce Mashed Potatoes Wax Beans Italian Bread (805) Gelatin w/Fruit Cocktail	3 Chicken Leg Quarter Seasoned Mashed Squash Brussels Sprouts Wheat Dinner Roll Diced Pears (683)
6 Hamburger on a Bun w/ Gravy Mashed Potatoes Broccoli Seasonal Fresh Fruit (699)	7 Chicken Breast w/Gravy Mashed Squash Green Beans w/Red Pepper (722) Oatmeal Raisin Cookie	8 Chili Con Carne w/Cheddar Cheese Carrots Apple Juice Cornbread Pineapple Tidbits (768)	9 Sweet and Sour Chicken over Rice Seasoned Spinach Wax Beans Diced Peaches (602)	10 Beef & Rice Patty w/Savory Sauce Mashed Potatoes Cabbage Wheat Dinner Roll Tapioca Pudding (784)
13 Pork Ribette w/BBQ Sauce & Bun Mashed Potatoes Zucchini & Summer Squash Fresh Fruit (721)	14 <i>Picnic in the Park</i> Hot Dog Two Side Dishes Dessert <i>Pay in the Office</i>	15 Cranberry Chicken Salad on Lettuce w/Tomatoes & Dressing Rye Bread Peach Bavarian (940)	16 Meatloaf w/Gravy Au Gratin Potatoes Seasoned Spinach Wheat Dinner Roll Orange Gelatin w/Pineapple (715)	17 Baked Fish w/Lemon Dill Sauce Macaroni & Cheese Carrots Coleslaw Peach & Pear
20 Meatballs w/Onion Gravy over Pasta California Blend Vegetables Grape Juice (884) Oatmeal Raisin Cookie	21 Chicken Cordon Bleu w/Cream Sauce Rice Pilaf (781) Glazed Carrots Peas w/Red Pepper Lemon Meringue Pie	22 Turkey w/Stuffing & Gravy Mashed Potatoes Green Beans Spice Cake w/Cream Cheese Frosting (806)	23 Cheese Omelet w/Cheese Sauce Home Fries Seasoned Spinach Wheat Bread (771) Seasonal Fresh Fruit	24 Stuffed Pepper w/Sauce Mashed Potatoes Peas & Carrots Wheat Dinner Roll Gelatin w/Pears (784)
27 Creamy Turkey Pasta Wax Beans Broccoli Lorna Doones (636)	28 Sloppy Joe/Bun Fiesta Corn Cauliflower Fresh Apple (808) Chocolate Milk	29 Ham Steak w/Pineapple Sauce Brussels Sprouts Mashed Squash Frosted Brownie (733)	30 Roast Beef w/Gravy Mashed Potatoes Green Beans Wheat Dinner Roll Peach Bavarian (712)	31 Burger w/Gravy & Bun Macaroni & Cheese Seasoned Spinach Watermelon (988)

The suggested donation for lunch is \$3.00 for those 60 years and older. Lunch for guest under the age of 60 is \$5.00.
Please arrive for lunch by 12:20 each day or your lunch may be cancelled.